

BOOK TESTIMONIALS

Hey Amy,

Just wanted to tell you again how valuable I find your book. It has literally become my bible for auditions and has helped me immensely. Every audition that I get, I go through every step in the book, reviewing everything I've highlighted, to make sure that I haven't missed anything. Having your process to follow has definitely increased my confidence, which in turn has increased my bookings. It's the perfect complement to your class. Thanks Amy!!

Cheers,

~ Don R. Williams

"I'm officially a 15 Guidelines Groupie!!! Your book is a permanent fixture in my purse. You make acting so much fun for me. I am excited to get copy because I know what I'm doing."

~ China Brooks

So, I read the book last night and thought it was very concise and clear. The great thing about your technique is that it makes perfect sense therefore is easy to apply. Sure, it takes a little getting used to but so does all training. I think back to all the many books I've read that are quadruple the length of yours and think...how gullible was I? Like... go in the audition and make a bold choice...it may be wrong but they'll respect you and all that BS!! Anyway, Amy you know how I feel about you and I think your book is a brilliant translation of your technique and to-the-point personality.

~ XOXO Daisy Faith

Hi Amy,

I don't know if you remember me, but my name is Rodney Hobbs, and I took your workshop several times a few years ago. I have been using your technique in my auditions ever since, and I recently bought "The 15 Guideline Map to Booking" just to refresh myself. Well shortly after reading your book, I was called in to audition for Linda Lowy for a role on "Private Practice." So of course I used your technique to work the audition...and I'm happy to report that I booked the gig!! And even better, it's RECURRING!! Needless to say, I'm very excited. Thank you for putting your technique out in this handbook. It really helps in tackling auditions and booking the job!

Continued blessings to you,

~ Rodney Hobbs

So here's the thing. Before reading Amy Lyndon's 15 Guideline's my auditions were riddled with "choices" and ideas of how scenes should play. Sure I would book on occasion, but not nearly as frequently as I could have. Breaking down a script has never been easier, and now if I have any questions I have my trusty sidekick to fallback on. Especially on those nights before an audition where I used to just freak out and panic wondering what I was going to do. Because of this book I have all confidence that I will consistently be in that 1%. So, goodbye scene studies - hello booking.

~ Jacob Mireles

Amy Lyndon's 15 Guideline technique book brings the same direct, no-nonsense, to the point coaching that I have grown to love in her class that has accelerated my acting career and growth. This book has been invaluable in that I can scrape the rust off at quantum speeds to be able to be at my best and continue to book. The writing, and the technique itself is practical, logical, and by simply following her directions the character emerges organically. Quite honestly, this is the ONLY book you need to quickly FIND the character, BE the character, and GET the part.

~ Ralph Quovardis Actor, Screenwriter, Producer

Amy, you hit the nail right on the head! FINALLY a book to teach me the reality of acting. I feel more confident than ever after reading your technique! Who would have thought breaking down scenes could offer so much information! I no longer need to pretend or make up a back story or worry about losing focus during an audition. Thanks for all the wonderful insight!

~ Stefani Gianni

Just came back from another audition and I am on fire. Amy, you are a God sent. I carry your book with me everywhere I go and it's the perfect How To Book to go out and nail every audition. Now whether I get the job or not, I don't care because I know they'll remember me regardless. I have never felt so on top of my game and confident in my craft. Taking your classes and having your book have been the best things that have happened in my career. I leave no step uncovered, come in, do my job, and get the hell out. I love you Amy and am forever grateful.

~ Love, Vanessa Hidalgo

Hi Ames!!! Your book and technique have CHANGED MY AUDITIONS A MILLION FOLD. Prior to learning your 15 steps booking was like pushing

a hotel up a hill!!!! BUT THANKS TO YOU...MIRACLES are happening!!!
Now I'm home freeeee!!!! So thank you thank you thank you!!! God
Bless!!!! xoxoxoxoxoxo
~ Kelley Whilden

Amy, I have read your 15 Guidelines to Booking Handbook at least five times already!!! I love that it's succinct and to the point. (Not to mention verrrry logical!!!) There are so many acting books out there that are a boring, dry read. NOT YOURS!!! Your technique helped me literally start my Acting career. Reading your book just re-inspired and re-invigorated everything for me and was a breath of fresh air. I am so glad you finally wrote it! Even more so, thank God for the Lyndon Technique!! You rock, girlfriend!!!
~ Michelle Tomlinson

I love your new book Amy! It's a wonderful supplement to your awesome class – which by the way can't be beat. For years, I have been jumping around from acting class to acting class but never felt like I was getting what I needed to book the job. I learned all sorts of techniques but nothing seemed to stick until I learned your technique. For the first time, breaking down a script is actually an enjoyable process that makes sense. I used to hate breaking down scripts and never knew if I was doing it correctly because so much of what I was doing was subjective because I was making "choices" rather than just doing what the writer intended! My characters are now so much more defined and richer. Your technique has allowed me to feel confident in the audition room because for the first time I feel like I know what I'm doing. And the proof is in the pudding because I'm getting great feedback and callbacks for juicy guest star roles! Thanks for putting all this valuable info in a book that I can tote around wherever I go!
~ With Gratitude, Yee Yee Lee

Amy Lyndon's 15 Guideline Map To Booking Handbook is a blessing to all actors out there. What Amy Lyndon's technique has taught me is incomparable to any other. It is about booking the job, thing is if we have already moved to LA or anywhere for that matter to pursue our dream as an actor we already have the ability to act! This handbook gives you a step-by-step practical approach to breaking down sides for an audition - the rest is up to you. It gives you the confidence and knowledge to know what the writer and casting director is looking for. Without Amy in my life my focus as an actor would be totally blinkered, I carry this book with me everywhere, as you never know when you are going to need it. I recommend this handbook for all actors that wish to

'book the job.'

~ Met Salih

I have had a chance to review your book The 15 Guideline Map To Booking Handbook and think it is ABSOLUTELY WONDERFUL!!! I got so much from reading it and think it is an awesome tool for all serious actors who are interested in mastering the audition so that they can move into the careers that they desire. I will be using this resource in my own auditions and plan to purchase a couple of copies for friends.

~ A'da Woolfolk Virtual Channel Network Actress/Producer

I really feel my acting changing right in front of my eyes! Your book has helped a great deal. What I love about your book and the results I'm getting are from Guidelines 3 & 4. Opening emotion at the top and mapping out my emotions in the scene has really taken my head out of the dialogue and put the real me into the scene. I feel more playful with whatever comes my way.

~ Michael Swiney

I am so grateful for Amy Lyndon and her guidelines because it is an honest reality and no matter what type of audition I get I now have a brilliant approach to work from for the rest of my career and it takes discipline and hard work, which I've never lacked. Amazing Amy!!

~ Kiri Stevens

Hey Amy!!

I wanted to let you know that I am so glad I stumbled upon your website and book. I don't quite recall how I got to it, but it has changed my life as an actor. Just in the little time I've had it, I've been able to blow away local casting director JoEdna Boldin at her casting workshop in New Mexico! Thank you for sharing your insight! I really appreciate it!!!

~ Roe Moore

A friend of mine tipped me off about your classes but unfortunately money has been a little tight so I decided in the mean time to get your book and start practicing at home. The first chance I got to use it in an actual audition setting I did, and I booked the job. I'm thrilled, it's my first co-starring role and it's on the amazing show "Parks and Recreation." Thank you for writing such a wonderful road map for other actors to utilize and I can't wait to take classes from you and hone your technique! Thank you.

~ Tara Jayn